



BREAKFAST CALORIES

The old proverb demands we eat breakfast like Kings (and Queens).

We serve the classics, alongside modern vegetarian favourites. Always the best quality - free-range bacon and sausages from Jimmy Butler's Blythburgh Farm, Clonakilty Black Pudding and artisan sourdough from Royal Warrant Holders. Start the day right!

BREAKFAST

Eggs Benedict - English Muffin, Roast Ham, Free-range Poached Eggs & Hollandaise 566kcal

Green Eggs - Poached Eggs, Basil Pesto, Prosciutto & Rocket, Toasted Sourdough 613kcal

Smoked Salmon & Scrambled Eggs, Toasted Sourdough 566kcal

American Pancakes, Banana & Maple Syrup or Berry Compote 484kcal | 407kcal

Chilli Fried Egg & Halloumi Brioche Roll, Baby Spinach & Bloody Mary Ketchup 752kcal

Jimmy Butler's Sausage or Bacon Bloomer 742kcal | 514kcal

Add Free-range Egg 75kcal

Vegetarian Full English - Vegan Haggis, Spinach, Mushrooms & Tomatoes,

Baked Beans, Free-range Poached Eggs & Toasted Sourdough 809kcal

Full English Breakfast - Jimmy Butler's Sausage & Bacon, Mushroom, Clonakilty Black Pudding,

Baked Beans, Tomatoes, Free-range Poached Eggs & Toasted Sourdough 907kcal

Toasted Sourdough or Hot Buttered English Muffin 334kcal

Tiptree Jam, Marmalade, Marmite or Organic Peanut Butter

Smashed Avocado, Free-range Poached Eggs, Spring Onion & Chilli on Toasted Sourdough 634kcal

If you prefer gluten-free or dairy-free alternatives to our toast and butter, please ask.

SOFT DRINKS

Passion Fruit Spritz 33kcal

Big Tom Virgin Bloody Mary 18kcal

Fresh Orange Juice 75kcal

Cracker Apple or Cranberry Juice 28kcal

JARR Ginger Kombucha 41kcal

Cawston Press - Cloudy Apple or Rhubarb 79kcal | 78kcal

Frobishers - Pineapple or Cherry Juice 120kcal | 46kcal

Frobishers - Apple & Mango or Orange & Passionfruit 99kcal

HOT DRINKS

Our speciality coffee is Union Hand-Roasted's Revelation blend of beans from small-scale co-operatives in Peru and Honduras.

Served with semi-skimmed milk. Swap dairy milk for soya or oat for 35p. Add flavoured syrup for 50p. Decaf tea and coffee also available.

Double Espresso 44kcal

Americano, Cortado 93kcal | 46kcal

Cappuccino, Flat White, Latte 173kcal | 141kcal | 177kcal

Hot Chocolate 265kcal

Luxury Hot Chocolate 355kcal

A Pot of Proper Yorkshire Tea 80kcal

A Pot of Twinings Tea 44kcal

Earl Grey, Green Tea, Peppermint, Lemon & Ginger, Camomile & Honey, Spicy Chai

Fresh Mint Tea 45kcal

Kcal = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. An optional 10% service is added to parties of six or more, all tips go to the team.

CHILDREN'S BREAKFAST CALORIES

Our eggs, bacon and sausages are free-range, our ketchup is Rubies in The Rubble, which has none of the nasties compared to others, and you'll find no artificial ingredients in our soft drinks.

American Pancakes, Banana & Maple Syrup or Berry Compote 323kcal | 271kcal

Jimmy Butler's Bacon Sandwich 494kcal

Jimmy Butler's Sausage Sandwich 587kcal

Free-range Scrambled Egg on Toast 466kcal

Baked Beans on Toast 366kcal

Toast - Jam, Marmalade or Marmite 342kcal

SOFT DRINKS

Milk 92kcal

Frobishers Juice 99kcal

Apple & Mango or Orange & Passionfruit

Cawston Press 79kcal | 78kcal

Cloudy Apple or Rhubarb

Orange or Apple Juice 85kcal | 22kcal

Kcal = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. An optional 10% service is added to parties of six or more, all tips go to the team.



LUNCH CALORIES

The pub's the best place to hide from winter's short days and long nights, with good friends, good cheer and good food. Our fresh native fish, free-range pork belly from Jimmy Butler's, a warming risotto, or a board of British cheese will all make winter recede for a while. Find a comfortable spot by the fire or near the bar and let us bring you the good stuff.

SMALL PLATES

Great for sharing over a drink while you decide.

- Warm Ciabatta & Garlic Butter 464kcal
- Nocellara, Gaeta & Cerignola Olives 194kcal
- Halloumi Fries & Bloody Mary Ketchup 661kcal
- Shawarma-spiced Houmous, Crispy Chickpeas & Flatbread 482kcal
- Chilli & Soy Chicken Wings, Gochujang Sauce 388kcal
- Jimmy Butler's Honey Mustard Chipolatas & Crispy Shallots 431kcal
- Baked Camembert, Roast Garlic & Chive Crumb, Onion Marmalade & Ciabatta Croûtes 715kcal

STARTERS

- King Prawn & Haddock Croquette, Sauce Gribiche 290kcal
- British Coppa, Celeriac Remoulade, Watercress 279kcal
- Twice-baked Cheddar & Comté Soufflé, Apple, Rocket & Walnut Salad 790kcal
- Monkfish Tempura, Vietnamese Dipping Sauce, Mooli & Pickled Ginger 238kcal
- Baked Beetroot & Butternut Squash Salad, Hazelnuts, Buckwheat, Maple & Molasses 392kcal | 785kcal

MAINS

- Free-range Chicken Schnitzel, Garlic & Parsley Butter, Rocket, Parmesan & Fries 1,433kcal
- Jimmy Butler's Pork Belly, Ssamjang Potatoes, Miso & Sesame Cabbage 962kcal
- Jerusalem Artichoke & Oyster Mushroom Risotto, Crispy Shallots & Pesto 531kcal
- 14 Hour Braised Beef & Ale Pie, Buttered Mash, Greens, Gravy 899kcal
- Fish & Chips - Haddock Fillet, Crunchy Batter, Chips, Peas & Tartare Sauce 941kcal
- South Indian Cauliflower & Sweet Potato Curry, Crispy Chickpeas, Basmati Rice & Chapati 1,014kcal
- Slow-cooked Cornish Lamb, Cavolo Nero, Butter Beans & 'Nduja 815kcal

GRILL

- Steaks served with Chips & Rocket | Add Onion Rings 470kcal
Add Béarnaise 313kcal or Peppercorn Sauce 208kcal |
Café de Paris Butter 223kcal
- 8oz Rump Cap Steak 900kcal
- 12oz Sirloin on the Bone 1,261kcal
- Steak Diane - Fillet Steak Medallions, Mushroom, Shallot & Cream Sauce 1,090kcal
Add extra 30z Fillet Medallion 177kcal
- Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal
- Aubrey's Double Cheeseburger, Burger Relish, Butter Leaf & Fries 1,303kcal
Add Free-range Bacon 170kcal or Marmite Onions 43kcal

SANDWICHES *Add Chips 288kcal*

- Fish Goujon Brioche, Tartare Sauce & Butter Leaf 575kcal
- Grilled Cheese on Sourdough, Marmite Onions 1,018kcal
- Smoked Mackerel Pâté on Sourdough, Soft Boiled Egg, Baby Gem & Chardonnay Vinaigrette 502kcal

SIDES

- Baked Beetroot & Feta 287kcal
- Thick-cut Chips or Skinny Fries 377kcal | 435kcal
- Green Salad, Soft Herbs, Toasted Seeds, Chardonnay Vinaigrette 358kcal
- Creamed Spinach, Nutmeg 188kcal
- Truffle Mac & Cheese 528kcal

PUDS & BRITISH CHEESE

- Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal
- Buttermilk Pannacotta, Poached English Rhubarb & Amaretti 340kcal
- Warm Pear & Almond Tart, Chantilly Cream 617kcal
- Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal
- Sticky Toffee Pudding, Toffee Sauce & Vanilla Ice Cream 704kcal
- Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal
(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)
- Mini Pud & Tea or Coffee 6.75
Chocolate Brownie 573kcal or Smidgen of Cheese with your choice of Tea or Coffee
- Our cheese changes with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers
- Choose from: Finn | Clara Goats | Solstice | Cornish Gouda | Isle of Wight Blue
- All Five Cheeses 785kcal

KCAL = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. Children are heartily welcome and we're happy to make simplified versions of dishes, or half portions at half price. An optional 10% service is added to parties of six or more, all tips go to the team.



WINTER CALORIES

The pub's the best place to hide from winter's short days and long nights, with good friends, good cheer and good food. Our fresh native fish, free-range pork belly from Jimmy Butler's, a warming risotto, or a board of British cheese will all make winter recede for a while. Find a comfortable spot by the fire or near the bar and let us bring you the good stuff.

SMALL PLATES

Great for sharing over a drink while you decide.

- Warm Ciabatta & Garlic Butter 464kcal
 - Nocellara, Gaeta & Cerignola Olives 194kcal
 - Halloumi Fries & Bloody Mary Ketchup 661kcal
 - Shawarma-spiced Houmous, Crispy Chickpeas & Flatbread 482kcal
 - Chilli & Soy Chicken Wings, Gochujang Sauce 388kcal
 - Jimmy Butler's Honey Mustard Chipolatas & Crispy Shallots 431kcal
 - Baked Camembert, Roast Garlic & Chive Crumb, Onion Marmalade & Ciabatta Croûtes 715kcal
-

STARTERS

- King Prawn & Haddock Croquette, Sauce Gribiche 290kcal
 - British Coppa, Celeriac Remoulade, Watercress 279kcal
 - Twice-baked Cheddar & Comté Soufflé, Apple, Rocket & Walnut Salad 790kcal
 - Monkfish Tempura, Vietnamese Dipping Sauce, Mooli & Pickled Ginger 238kcal
 - Baked Beetroot & Butternut Squash Salad, Hazelnuts, Buckwheat, Maple & Molasses 392kcal | 785kcal
-

MAINS

- Free-range Chicken Schnitzel, Garlic & Parsley Butter, Rocket, Parmesan & Fries 1,433kcal
- Jimmy Butler's Pork Belly, Ssamjang Potatoes, Miso & Sesame Cabbage 962kcal
- Jerusalem Artichoke & Oyster Mushroom Risotto, Crispy Shallots & Pesto 531kcal
- 14 Hour Braised Beef & Ale Pie, Buttered Mash, Greens, Gravy 899kcal
- Pan-seared Hake, Café de Paris Cauliflower, Spinach, Pine Nuts & Sherry-soaked Sultanas 638kcal
- South Indian Cauliflower & Sweet Potato Curry, Crispy Chickpeas, Basmati Rice & Chapati 1,014kcal
- Slow-cooked Cornish Lamb, Cavolo Nero, Butter Beans & 'Nduja 815kcal

GRILL

We serve the best British beef. Grass-fed, naturally slow-grown on carbon-capturing pasture. 28 Day dry-aged by Aubrey Allen for incredible flavour. When only a steak will do, make it one of these beauties.

*Steaks served with Chips & Rocket | Add Onion Rings 470kcal
Add Béarnaise 313kcal or Peppercorn Sauce 208kcal |
Café de Paris Butter 223kcal*

- 8oz Rump Cap Steak 900kcal
- 12oz Sirloin on the Bone 1,261kcal
- Steak Diane - Fillet Steak Medallions, Mushroom, Shallot & Cream Sauce 1,090kcal
Add extra 3oz Fillet Medallion 177kcal

Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal

*Aubrey's Double Cheeseburger, Burger Relish, Butter Leaf & Fries 1,303kcal
Add Free-range Bacon 170kcal or Marmite Onions 43kcal*

SIDES

- Baked Beetroot & Feta 287kcal
 - Thick-cut Chips or Skinny Fries 377kcal | 435kcal
 - Green Salad, Soft Herbs, Toasted Seeds, Chardonnay Vinaigrette 358kcal
 - Creamed Spinach, Nutmeg 188kcal
 - Truffle Mac & Cheese 528kcal
-

PUDS & BRITISH CHEESE

- Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal
 - Buttermilk Pannacotta, Poached English Rhubarb & Amaretti 340kcal
 - Warm Pear & Almond Tart, Chantilly Cream 617kcal
 - Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal
 - Sticky Toffee Pudding, Toffee Sauce & Vanilla Ice Cream 704kcal
 - Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal
(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)
 - Mini Pud & Tea or Coffee 6.75
Chocolate Brownie 573kcal or Smidgen of Cheese with your choice of Tea or Coffee
 - Our cheese changes with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers*
 - Choose from: Finn | Clara Goats | Solstice | Cornish Gouda | Isle of Wight Blue
 - All Five Cheeses 785kcal
-

KCAL = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. Children are heartily welcome and we're happy to make simplified versions of dishes, or half portions at half price. An optional 10% service is added to parties of six or more, all tips go to the team.

SUNDAY BEST CALORIES

We are serious about Sunday roasts, which is why you'll find at least three choices on our menu every week. Settle in for top-quality beef from Aubrey Allen, Jimmy Butler's free-range pork, or our delicious vegetarian wellington with all the glorious trimmings. It's an age-old favourite for a reason. Long may it reign.

SMALL PLATES

Nocellara, Gaeta & Cerignola Olives 194kcal Warm Ciabatta & Garlic Butter 464kcal
Jimmy Butler's Honey Mustard Chipolatas & Crispy Shallots 431kcal
Halloumi Fries & Bloody Mary Ketchup 661kcal

STARTERS

British Coppa, Celeriac Remoulade, Watercress 279kcal
Baked Camembert, Roast Garlic & Chive Crumb, Onion Marmalade & Ciabatta Croûtes 790kcal
Monkfish Tempura, Vietnamese Dipping Sauce, Mooli & Pickled Ginger 238kcal

SUNDAY ROASTS

Served with Roast Potatoes, Seasonal Vegetables, Roasted Roots, Yorkshire Pudding & Jugs of Gravy

Aubrey Allen's Dry-aged Rump of Beef 1,177kcal
Jimmy Butler's Free-range Pork & Crackling 1,349kcal
Vegetarian Wellington - Artichoke Heart, Spinach, Emmental & Pine Nuts 1,518kcal

MAKE THE MOST OF YOUR ROAST

To Share - Cauliflower Cheese 563kcal | Free-range Pork & Sage Stuffing 547kcal

MAINS

South Indian Sweet Potato & Chickpea Curry, Toasted Cashews, Basmati Rice & Chapati 1,085kcal
Slow-cooked Cornish Lamb, Cavolo Nero, Butter Beans & 'Nduja 815kcal
Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal
Pan-seared Hake, Café de Paris Cauliflower, Spinach, Pine Nuts & Sherry-soaked Sultanas 638kcal
Aubrey Allen's 12oz Sirloin on the Bone, Chips & Rocket 1,261kcal
Add Béarnaise 313kcal or Peppercorn Sauce 208kcal | Café de Paris Butter 223kcal

SIDES

Thick-cut Chips or Skinny Fries 377kcal | Creamed Spinach, Nutmeg 188kcal

PUDS & BRITISH CHEESE

Bramley Apple Crumble & Custard 458kcal
Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal
Warm Pear & Almond Tart, Chantilly Cream 617kcal
Sticky Toffee Pudding, Toffee Sauce & Vanilla Ice Cream 704kcal
Warm Chocolate Fondant, Crème Fraîche, Mulled Black Cherries 738kcal
Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal
(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)
Our cheese changes with the season & are all served ripe & ready, with Chutney, Apple & Peter's Yard Crackers
Finn | Clara Goats | Solstice | Cornish Gouda | Isle of Wight Blue
All Five Cheeses 738kcal
Mini Pud - Chocolate Brownie 573kcal or Single Smidgen of Cheese & your choice of Coffee or Tea

KCAL = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. Children are heartily welcome and we're happy to make simplified versions of dishes, or half portions at half price. An optional 10% service is added to parties of six or more, all tips go to the team.

CHILDREN'S MENU

CALORIES

Don't forget you're also welcome to eat from our main menu - our Chefs are happy to make simpler versions of most dishes, or a half portion at half the price. Our ketchup is Rubies in The Rubble, which has none of the nasties compared to others, and you'll find no artificial ingredients in our soft drinks too!

STARTERS

Garlic Bread 464kcal

Houmous & Crunchy Vegetables 143kcal

Halloumi Fries & Rubies in the Rubble Ketchup 545kcal

Jimmy Butler's Honey Chipolatas & Crispy Onions 431kcal

MAINS

Our chips are served unsalted, and all dishes are served with vegetables

Jimmy Butler's Sausage & Mash, Peas & Jug of Gravy 465kcal

Fish & Chips, Peas or Beans 292kcal

South Indian Sweet Potato & Chickpea Curry, Toasted Cashews, Basmati Rice 613kcal

Aubrey Allen's Steak Burger, Cheddar Cheese & Fries 688kcal

Mac 'n' Cheese, Vegetable Sticks 871kcal

PUDDINGS

Sticky Toffee Pudding, Toffee Sauce & Vanilla Ice Cream 352kcal

Chocolate Brownie & Vanilla Ice Cream 573kcal

Jude's Ice Cream or Sorbet Scoop 78kcal

(Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)

SOFT DRINKS

Frobishers Juice 99kcal

Apple & Mango or Orange & Passionfruit

Cawston Press 79kcal | 78kcal

Cloudy Apple or Rhubarb

Orange or Apple Juice 85kcal | 22kcal

Kcal = Calories

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. An optional 10% service is added to parties of six or more, all tips go to the team.



CALORIE MENU

WINTER PUDDINGS

Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal

Warm Pear & Almond Tart, Chantilly Cream 617kcal

Buttermilk Pannacotta, Poached English Rhubarb & Amaretti 340kcal

Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal

Sticky Toffee Pudding, Toffee Sauce & Vanilla Ice Cream 704kcal

Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal

(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)

TOUCH OF SWEETNESS

Chocolate Brownie 573kcal or Smidgen of Cheese & your choice of Tea or Coffee

BRITISH CHEESE

Our cheese changes with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers 785kcal

FINN

Made by Charlie Westhead in Dorstone, this triple-cream cheese is made in the French style, using milk from the farm of Andrew and Rachel Giles in Glasbury-on-Wye. Combined with double cream, this one's rich and creamy - utterly delectable.

CLARA GOAT

Sporting a wrinkly coat, this dense, buttery goats cheese has lemony notes and a long savoury finish. Awarded Gold in the Best Goat category at the 2017 British Cheese Awards and Silver in 2018.

ISLE OF WIGHT BLUE

With bags of character, this sure stands out on the cheeseboard! Internationally, multiple medal winning and a real favourite of our chefs.

CORNISH GOUDA

Produced on a small, family-run dairy farm in Devon with Giel Spierings at the helm. Hand-made using milk from the farm's own pedigree herd, this is an exceptionally good all-rounder.

SOLSTICE

A Somerset semi-soft from award winning cheesemakers Pete Humphries and Roger Longman. Washed in local cider brandy (that's a yes from us!), it's pure indulgence. Best enjoyed with a glass of something sparkling.

All Five Cheeses 13.00

Any Three Cheeses 8.50

A Smidgen of Cheese 4.50

v Vegetarian Ingredients **🌱 Vegan Ingredients** Please note - some items may be cooked in multi-purpose fryers.

Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. Children are heartily welcome and we're happy to make simplified versions of dishes, or half portions at half price. An optional 10% service is added to parties of six or more, all tips go to the team.



CALORIE MENU

HOT DRINKS

Our speciality coffee is Union Hand-Roasted's Revelation blend of beans from small-scale co-operatives in Peru and Honduras. Served with semi-skimmed milk. Swap dairy milk for soya or oat for 35p. Add flavoured syrup for 50p. Decaf tea and coffee also available.

Double Espresso 44kcal

Americano, Cortado 93kcal | 46kcal

Cappuccino, Flat White, Latte
173kcal | 141kcal | 177kcal

Hot Chocolate 265kcal

Luxury Hot Chocolate 355kcal

A Pot of Proper Yorkshire Tea 80kcal

A Pot of Twinings Tea 44kcal

Earl Grey, Green Tea, Peppermint, Lemon & Ginger, Camomile & Honey, Spicy Chai

Fresh Mint Tea 45kcal