



# BREAKFAST CALORIES

The old proverb demands we eat breakfast like Kings (and Queens).

We serve the classics, alongside modern vegetarian favourites. Always the best quality - free-range bacon and sausages from Jimmy Butler's Blythburgh Farm, Clonakilty Black Pudding and artisan sourdough from Royal Warrant Holders. Start the day right!

## BREAKFAST

Eggs Benedict - English Muffin, Roast Ham, Free-range Poached Eggs & Hollandaise 566kcal

Green Eggs - Poached Eggs, Basil Pesto, Prosciutto & Rocket, Toasted Sourdough 613kcal

Smoked Salmon & Scrambled Eggs, Toasted Sourdough 566kcal

American Pancakes, Banana & Maple Syrup or Berry Compote 484kcal | 407kcal

Chilli Fried Egg & Halloumi Brioche Roll, Baby Spinach & Bloody Mary Ketchup 752kcal

Jimmy Butler's Sausage or Bacon Bloomer 742kcal | 514kcal

*Add Free-range Egg 75kcal*

Vegetarian Full English - Vegan Haggis, Spinach, Mushrooms & Tomatoes,

Baked Beans, Free-range Poached Eggs & Toasted Sourdough 809kcal

Full English Breakfast - Jimmy Butler's Sausage & Bacon, Mushroom, Clonakilty Black Pudding,

Baked Beans, Tomatoes, Free-range Poached Eggs & Toasted Sourdough 907kcal

Toasted Sourdough or Hot Buttered English Muffin 334kcal

*Tiptree Jam, Marmalade, Marmite or Organic Peanut Butter*

Smashed Avocado, Free-range Poached Eggs, Spring Onion & Chilli on Toasted Sourdough 634kcal

*If you prefer gluten-free or dairy-free alternatives to our toast and butter, please ask.*

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## SOFT DRINKS

Passion Fruit Spritz 33kcal

Big Tom Virgin Bloody Mary 18kcal

Fresh Orange Juice 75kcal

Cracker Apple or Cranberry Juice 28kcal

JARR Ginger Kombucha 41kcal

Cawston Press - Cloudy Apple or Rhubarb 79kcal | 78kcal

Frobishers - Pineapple or Cherry Juice 120kcal | 46kcal

Frobishers - Apple & Mango or Orange & Passionfruit 99kcal

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## HOT DRINKS

*Our speciality coffee is Union Hand-Roasted's Revelation blend of beans from small-scale co-operatives in Peru and Honduras.*

*Served with semi-skimmed milk. Swap dairy milk for soya or oat for 35p. Add flavoured syrup for 50p. Decaf tea and coffee also available.*

Double Espresso 44kcal

Americano, Cortado 93kcal | 46kcal

Cappuccino, Flat White, Latte 173kcal | 141kcal | 177kcal

Hot Chocolate 265kcal

Luxury Hot Chocolate 355kcal

A Pot of Proper Yorkshire Tea 80kcal

A Pot of Twinings Tea 44kcal

*Earl Grey, Green Tea, Peppermint, Lemon & Ginger, Camomile & Honey, Spicy Chai*

Fresh Mint Tea 45kcal

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### Kcal = Calories

**Allergens:** before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. An optional 10% service is added to parties of six or more, all tips go to the team.

# CHILDREN'S BREAKFAST CALORIES

*Our eggs, bacon and sausages are free-range, our ketchup is Rubies in The Rubble, which has none of the nasties compared to others, and you'll find no artificial ingredients in our soft drinks.*

American Pancakes, Banana & Maple Syrup or Berry Compote 323kcal | 271kcal

Jimmy Butler's Bacon Sandwich 494kcal

Jimmy Butler's Sausage Sandwich 587kcal

Free-range Scrambled Egg on Toast 466kcal

Baked Beans on Toast 366kcal

Toast - Jam, Marmalade or Marmite 342kcal

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## SOFT DRINKS

Milk 92kcal

Frobishers Juice 99kcal

*Apple & Mango or Orange & Passionfruit*

Cawston Press 79kcal | 78kcal

*Cloudy Apple or Rhubarb*

Orange or Apple Juice 85kcal | 22kcal

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# LUNCH CALORIES

The season of mists and mellow fruitfulness is welcome after a dry, baked summer. Apples, squashes, hedgerow berries, sage and game partnered with rich red wine or a pint of good ale make a long walk leading to the pub well worthwhile.

## SMALL PLATES

*Great for sharing over a drink while you decide.*

- Warm Ciabatta & Garlic Butter 464kcal
- Nocellara, Gaeta & Cerignola Olives 194kcal
- Halloumi Fries & Bloody Mary Ketchup 661kcal
- Shawarma-spiced Houmous, Crispy Chickpeas & Flatbread 482kcal
- Chilli & Soy Chicken Wings, Gochujang Sauce 388kcal
- Jimmy Butler's Honey Mustard Chipolatas & Crispy Shallots 431kcal
- Baked Camembert, Roast Garlic & Chive Crumb, Onion Marmalade & Ciabatta Croûtes 715kcal

## STARTERS

- Potted Pulled Pork, Golden Beetroot Piccalilli 780kcal
- Garlic & Paprika King Prawns, Roast Tomatoes, Toasted Sourdough 367kcal
- Twice-baked Cheddar & Comté Soufflé, Apple, Rocket & Walnut Salad 691kcal
- Monkfish Tempura, Vietnamese Dipping Sauce, Mooli & Pickled Ginger 238kcal
- Mushroom & Baby Spinach Carnaroli Risotto, Almond Butter 300kcal | 508kcal

## MAINS

- Jimmy Butler's Pork Belly, Buttered Kale, Roast Pumpkin, Apple & Crackling 1,004kcal
- Daily Market Fish, Brown Butter, New Potatoes, Rocket 661kcal
- Free-range Chicken Schnitzel, Garlic & Parsley Butter, Rocket, Parmesan & Fries 1,433kcal
- South Indian Cauliflower & Sweet Potato Curry, Crispy Chickpeas, Basmati Rice & Chapati 1,014kcal
- 14 Hour Braised Beef & Ale Pie, Buttered Mash, Greens, Gravy 899kcal
- Fish & Chips - Haddock Fillet, Crunchy Batter, Chips, Peas & Tartare Sauce 941kcal
- Partridge Saltimbocca, Spinach, Pearl Barley & Shaved Fennel 1,088kcal

## GRILL

- Steaks served with Chips & Rocket | Add Onion Rings 407kcal*
- Add Béarnaise 313kcal | Peppercorn Sauce 208kcal*
- 8oz Rump Cap Steak 900kcal
- 12oz Sirloin on the Bone 1,261kcal
- Steak Diane - Fillet Steak Medallions, Mushroom, Shallot & Cream Sauce 1,090kcal
- Add extra 3oz Fillet Medallion*
- Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal
- Aubrey's Double Cheeseburger, Burger Relish, Butter Leaf & Fries 1,303kcal
- Add Free-range Bacon 170kcal or Marmite Onions 43kcal*

## SANDWICHES *Add Chips 288kcal*

- Fish Goujon Brioche, Tartare Sauce & Butter Leaf 575kcal
- Grilled Cheese on Sourdough, Marmite Onions 1,018kcal
- Smoked Salmon on Sourdough, Crème Fraîche & Pickled Cucumber 707kcal

## SIDES

- Roast Crown Prince Pumpkin, Confit Shallots & Sage 332kcal
- Thick-cut Chips or Skinny Fries 377kcal | 435kcal
- Green Salad, Soft Herbs, Toasted Seeds, Chardonnay Vinaigrette 358kcal
- Creamed Spinach, Nutmeg 188kcal
- Truffle Mac & Cheese 528kcal

## PUDS & BRITISH CHEESE

- Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal
- Warm Pear & Almond Tart, Chantilly Cream 617kcal
- Autumn Pavlova - English Blackberries & Apple 363kcal
- Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal
- Apple Tarte Tatin, Vanilla Ice Cream 301kcal
- Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal  
*(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)*
- Mini Pud & Tea or Coffee  
*Chocolate Brownie 573kcal or Smidgen of Cheese with your choice of Tea or Coffee*
- Our British cheeses change with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers
- Baron Bigod 291kcal | Luna Goats 294kcal
- Baby Baronet 256kcal | Pitchfork Cheddar 334kcal
- Beauvale Blue 291kcal

**Kcal = Calories**

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# AUTUMN CALORIES

The season of mists and mellow fruitfulness is welcome after a dry, baked summer. Apples, squashes, hedgerow berries, sage and game partnered with rich red wine or a pint of good ale make a long walk leading to the pub well worthwhile.

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- Baked Camembert, Roast Garlic & Chive Crumb, Onion Marmalade & Ciabatta Croûtes 715kcal

## STARTERS

- Potted Pulled Pork, Golden Beetroot Piccalilli 780kcal
- Garlic & Paprika King Prawns, Roast Tomatoes, Toasted Sourdough 367kcal
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- Monkfish Tempura, Vietnamese Dipping Sauce, Mooli & Pickled Ginger 238kcal
- Mushroom & Baby Spinach Carnaroli Risotto, Almond Butter 300kcal | 508kcal

## MAINS

- Jimmy Butler's Pork Belly, Buttered Kale, Roast Pumpkin, Apple & Crackling 1,004kcal
- Daily Market Fish, Brown Butter, New Potatoes, Rocket 661kcal
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- South Indian Cauliflower & Sweet Potato Curry, Crispy Chickpeas, Basmati Rice & Chapati 1,014kcal
- 14 Hour Braised Beef & Ale Pie, Buttered Mash, Greens, Gravy 899kcal
- Smoked Loch Trout, Sesame Crust, Soy & Sake Bok Choy, Edamame & Mooli 516kcal
- Partridge Saltimbocca, Spinach, Pearl Barley & Shaved Fennel 1,088kcal

## GRILL

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*Add Béarnaise 313kcal | Peppercorn Sauce 208kcal*
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- 12oz Sirloin on the Bone 1,261kcal
- Steak Diane - Fillet Steak Medallions, Mushroom, Shallot & Cream Sauce 1,090kcal  
*Add extra 3oz Fillet Medallion*
- Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal
- Aubrey's Double Cheeseburger, Burger Relish, Butter Leaf & Fries 1,303kcal  
*Add Free-range Bacon 170kcal or Marmite Onions 43kcal*

## SIDES

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- Thick-cut Chips or Skinny Fries 377kcal | 435kcal
- Green Salad, Soft Herbs, Toasted Seeds, Chardonnay Vinaigrette 358kcal
- Creamed Spinach, Nutmeg 188kcal
- Truffle Mac & Cheese 528kcal

## PUDS & BRITISH CHEESE

- Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal
- Warm Pear & Almond Tart, Chantilly Cream 617kcal
- Autumn Pavlova - English Blackberries & Apple 363kcal
- Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal
- Apple Tarte Tatin, Vanilla Ice Cream 301kcal
- Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal  
*(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)*
- Mini Pud & Tea or Coffee  
*Chocolate Brownie 573kcal or Smidgen of Cheese with your choice of Tea or Coffee*
- Our British cheeses change with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers
- Baron Bigod 291kcal
- Luna Goats 294kcal
- Baby Baronet 256kcal
- Pitchfork Cheddar 334kcal
- Beauvale Blue 291kcal

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# PUDDING CALORIES

## AUTUMN PUDDINGS

Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal

Warm Pear & Almond Tart, Chantilly Cream 617kcal

Autumn Pavlova - English Blackberries & Apple 363kcal

Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal

Apple Tarte Tatin, Vanilla Ice Cream 301kcal

Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal

*(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)*

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## TOUCH OF SWEETNESS

Chocolate Brownie 573kcal or Smidgen of Cheese & your choice of Tea or Coffee

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## BRITISH CHEESE

Our cheese changes with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers

### **BARON BIGOD** 291kcal

An exceptional farmhouse British brie, Baron Bigod (pronounced by-god) is handmade on the farm in Suffolk by Jonny & the team. Creamy, oozy & delicious.

### **LUNA GOATS** 294kcal

Produced in Worcestershire, this goats' log is melt-on-the-tongue creamy. Made alongside an award-winning family of goats' cheeses, it's slightly firmer than its sister, Blanche. Luna has landed.

### **BABY BARONET** 561kcal

A British twist on the French Reblochon, made in Wiltshire by cheesemaker Julianna Sedli. Using milk from organically-reared Jersey cows, it's rich with a lovely nutty flavour.

### **PITCHFORK CHEDDAR** 334kcal

Made just seven miles from the village of Cheddar and named after the pitchforks to toss the curds, this distinct, full-bodied cheese arrives from family cheesemaking brothers, Todd and Maugan Trethowan. Using traditional methods, organic milk, and matured for up to 12 months, this multi-award winning cheese is an absolute must for our board.

### **BEAUVALE BLUE** 291kcal

This English version of a Gorgonzola-style blue, is soft, creamy, intensively sweet & savory. Cries out for a glass of port or sweet pudding wine.

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# PUDDING CALORIES

## HOT DRINKS

*Our speciality coffee is Union Hand-Roasted's Revelation blend of beans from small-scale co-operatives in Peru and Honduras. Served with semi-skimmed milk. Swap dairy milk for soya or oat for 35p. Add flavoured syrup for 50p. Decaf tea and coffee also available.*

Double Espresso 44kcal

Americano, Cortado 93kcal | 46kcal

Cappuccino, Flat White, Latte 173kcal | 141kcal | 177kcal

Hot Chocolate 265kcal | Luxury Hot Chocolate 355kcal

A Pot of Proper Yorkshire Tea 80kcal

A Pot of Twinings Tea 44kcal

*Earl Grey, Green Tea, Peppermint, Lemon & Ginger, Camomile & Honey, Spicy Chai*

Fresh Mint Tea 45kcal

# SUNDAY BEST CALORIES

We are serious about Sunday roasts, which is why you'll find at least three choices on our menu every week. Settle in for top-quality beef from Aubrey Allen, Jimmy Butler's free-range pork, or our delicious vegetarian wellington with all the glorious trimmings. It's an age-old favourite for a reason. Long may it reign.

## SMALL PLATES

Nocellara, Gaeta & Cerignola Olives 194kcal Warm Ciabatta & Garlic Butter 464kcal  
Jimmy Butler's Honey Mustard Chipolatas & Crispy Shallots 431kcal  
Halloumi Fries & Bloody Mary Ketchup 661kcal

## STARTERS

Potted Pulled Pork, Golden Beetroot Piccalilli 780kcal  
Today's Autumn Soup, Ciabatta - See Blackboard 6.50 v  
Baked Camembert, Roast Garlic & Chive Crumb, Onion Marmalade & Ciabatta Croûtes 715kcal  
Monkfish Tempura, Vietnamese Dipping Sauce, Mooli & Pickled Ginger 238kcal  
Garlic & Paprika King Prawns, Roast Tomatoes, Toasted Sourdough 367kcal

## SUNDAY ROASTS

*Served with Roast Potatoes, Seasonal Vegetables, Roasted Roots, Yorkshire Pudding & Jugs of Gravy*

Aubrey Allen's Dry-aged Rump of Beef 1,177kcal  
Jimmy Butler's Free-range Pork & Crackling 1,349kcal  
Vegetarian Wellington - Artichoke Heart, Spinach, Emmental & Pine Nuts 1,518kcal

### MAKE THE MOST OF YOUR ROAST

*To Share* - Free-range Pork & Sage Stuffing 547kcal | Cauliflower Cheese 563kcal

## MAINS

Mushroom & Baby Spinach Carnaroli Risotto, Almond Butter 300kcal | 508kcal  
Partridge Saltimbocca, Spinach, Pearl Barley & Shaved Fennel 1,088kcal  
Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 1,114kcal  
Smoked Loch Trout, Sesame Crust, Soy & Sake Bok Choy, Edamame & Mooli 516kcal  
Aubrey Allen's 12oz Sirloin on the Bone, Chips & Rocket 1,261kcal  
*Add Béarnaise 313kcal | Peppercorn Sauce 208kcal*

## SIDES

Thick-cut Chips or Skinny Fries 377kcal | Onion Rings 470kcal

## PUDS & BRITISH CHEESE

Apple & Blackberry Crumble, Custard 458kcal  
Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 767kcal  
Warm Pear & Almond Tart, Chantilly Cream 617kcal  
Apple Tarte Tatin, Vanilla Ice Cream 301kcal  
Warm Chocolate Fondant, Crème Fraîche, Cherry & Blackcurrant Compote 738kcal  
Jude's Ice Cream & Sorbet 78kcal | 122kcal | 189kcal  
*(Choose Three: Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)*

Our British cheese changes with the season & are all served ripe & ready,  
with Chutney, Apple & Peter's Yard Crackers

Baron Bigod 291kcal | Luna Goats 294kcal | Baby Baronet 256kcal  
Pitchfork Cheddar 334kcal | Beauvale Blue 291kcal

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# CHILDREN'S MENU

## CALORIES

Don't forget you're also welcome to eat from our main menu - our Chefs are happy to make simpler versions of most dishes, or a half portion at half the price. Our ketchup is Rubies in The Rubble, which has none of the nasties compared to others, and you'll find no artificial ingredients in our soft drinks too!

### STARTERS

Garlic Bread 464kcal

Houmous & Crunchy Vegetables 143kcal

Halloumi Fries & Rubies in the Rubble Ketchup 545kcal

Jimmy Butler's Honey Chipolatas & Crispy Onions 431kcal

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### MAINS

*Our chips are served unsalted, and all dishes are served with vegetables*

Jimmy Butler's Sausage & Mash, Peas & Jug of Gravy 465kcal

Fish & Chips, Peas or Beans 292kcal

Aubrey Allen's Steak Burger, Cheddar Cheese & Fries 688kcal

Mac 'n' Cheese, Vegetable Sticks 871kcal

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### PUDDINGS

Banana & Chocolate Sundae 360kcal

Chocolate Brownie & Vanilla Ice Cream 573kcal

Jude's Ice Cream or Sorbet Scoop 78kcal

*(Vanilla, Strawberry, Salted Caramel, Chocolate, Lemon or Raspberry Sorbet)*

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### SOFT DRINKS

Frobishers Juice 99kcal

*Apple & Mango or Orange & Passionfruit*

Cawston Press 79kcal | 78kcal

*Cloudy Apple or Rhubarb*

Orange or Apple Juice 85kcal | 22kcal

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