

# BREAKFAST AT THE BEAR


The old proverb demands we eat breakfast like Kings (and Queens). We serve the classics, alongside modern vegetarian favourites. Always the best quality - free-range bacon and sausages from Jimmy Butler's Blythburgh Farm, Clonakilty Black Pudding and artisan sourdough from Royal Warrant Holders. Start the day right!


## BREAKFAST

Eggs Benedict - English Muffin, Roast Ham, Free-range Poached Eggs & Hollandaise 9.50

Green Eggs - Poached Eggs, Basil Pesto, Prosciutto & Rocket, Toasted Sourdough 10.00

Smoked Salmon & Scrambled Eggs, Toasted Sourdough 9.25


American Pancakes, Banana & Maple Syrup or Berry Compote 7.00 

Chilli Fried Egg & Halloumi Brioche Roll, Baby Spinach & Bloody Mary Ketchup 6.50 

Jimmy Butler's Sausage or Bacon Bloomer 6.25

*Add Free-range Egg 1.75*

Vegetarian Full English - Vegan Haggis, Spinach, Mushrooms & Tomatoes,


Baked Beans, Free-range Poached Eggs & Toasted Sourdough 12.00 

Full English Breakfast - Jimmy Butler's Sausage & Bacon, Mushroom, Clonakilty Black Pudding,

Baked Beans, Tomatoes, Free-range Poached Eggs & Toasted Sourdough 12.75

Toasted Sourdough or Hot Buttered English Muffin 3.00 

Tiptree Jam, Marmalade, Marmite or Organic Peanut Butter

Smashed Avocado, Free-range Poached Eggs, Spring Onion & Chilli on Toasted Sourdough 9.00 

*If you prefer gluten-free or dairy-free alternatives to our toast and butter, please ask.*

## SOFT DRINKS

Passion Fruit Spritz 6.00

Big Tom Virgin Bloody Mary 4.50

Fresh Orange Juice 3.00

Cracker Apple or Cranberry Juice 2.70

JARR Ginger Kombucha 4.00

Cawston Press - Cloudy Apple or Rhubarb 3.30

Frobishers - Pineapple or Cherry Juice 3.00

Frobishers - Apple & Mango or Orange & Passionfruit 3.30

## STIFFENERS

Champagne Mimosa 9.00

Bloody Mary 8.75

Strawberry Bellini 7.50

Aperol Spritz 8.75

## HOT DRINKS

*Our speciality coffee is Union Hand-Roasted's Revelation blend of beans from small-scale co-operatives in Peru and Honduras. Served with semi-skimmed milk. Swap dairy milk for soya or oat for 35p. Add flavoured syrup for 50p. Decaf tea and coffee also available.*

Double Espresso 2.60

Americano, Cortado 3.10

Cappuccino, Flat White, Latte 3.25

Hot Chocolate 3.20

Luxury Hot Chocolate 3.50

A Pot of Proper Yorkshire Tea 2.95

A Pot of Twinings Tea 2.95

*Earl Grey, Green Tea, Peppermint, Lemon & Ginger, Camomile & Honey, Spicy Chai*

Fresh Mint Tea 2.75

 Vegetarian Ingredients  Vegan Ingredients

Please note - some items may be cooked in multi-purpose fryers.

*Allergens: Before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us. An optional 10% service is added to parties of six or more, all tips go to the team.*



THE BEAR &  
RAGGED STAFF

## BREAKFAST

### MAKING LIFE PEACHY

We always serve the good stuff, naturally, since it's what we want to eat and drink ourselves. We enjoy long relationships with our food and drink suppliers, working with those who have the same ethics as us. We're also proud members of The Sustainable Restaurant Association, accelerating environmental change within hospitality, and our coveted Three Star Accreditation makes us best in class. In support of our sustainability mission, we have also offset the printing of our menus, supporting World Land Trust.

[www.makinglifepeachy.com](http://www.makinglifepeachy.com)



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