

LUNCH AT THE BEAR & RAGGED STAFF

Summer means celebrations in the sun. Good food with good friends. Enjoy fresh fish from Cornish day-boats, new season's lamb, Summer pudding with its essential companion, a dollop of clotted cream. Sip a glass of the new Prosecco Rosé or a good old-fashioned pint of beer. It's good to be back.

SMALL PLATES

Great for sharing over a drink while you decide.

Nocerella, Gaeta & Cerignola Olives 3.75 🍴

Jamón Serrano, Salchichón & Chorizo 5.75

Warm Ciabatta & Garlic Butter 4.50 v

Panko King Oyster Mushrooms, Stilton Mayo 5.25 v

Jimmy Butler's Honey Mustard Chipolatas,
Spring Onions & Crispy Shallots 4.95

Shawarma-spiced Houmous, Crispy Chickpeas & Flatbread 4.50 🍴

Halloumi Fries & Bloody Mary Ketchup 5.75 v

Rosemary & Garlic-studded Camembert, Ciabatta Croûtes 8.75 v

STARTERS

Goats' Cheese Croustillant, Fresh Figs & Honey 8.25 v

Blythburgh Ham Scrumpet, English Mustard Mayonnaise 7.75

Tempura Prawns, Chilli, Ginger & Sesame Dressing 9.00

Today's Autumn Soup, Ciabatta - See Blackboard 6.25 v

Pan-Fried Native Scallops, Puréed Cauliflower & Sherry-soaked Raisins 12.00

Moroccan-baked Beetroot & Lentil Salad, Hazelnuts, Coriander & Mint, Yoghurt Dressing & Dukkah 7.00/13.00 🍴

Add Honey & Mustard Pork 3.50 or Halloumi Croutons 2.50 v

A 25p contribution from this salad goes to Peach Foundation, which raises funds to support good causes in our local communities.

MAIN COURSES

Free-range Chicken Schnitzel, Garlic & Parsley Butter, Baby Kale, Parmesan & Fries 16.75

Sri Lankan Spinach, Sweet Potato & Chickpea Curry, Cashews, Coconut Sambal, Basmati Rice & Chapati 14.50 🍴

Fish & Chips - Haddock Fillet, Crunchy Batter, Chips, Peas & Tartare Sauce 15.00

Today's Autumn Vegetarian Special - See Blackboard v

14 Hour Braised Beef & Ale Pie, Buttered Mash, Greens, Gravy 15.25

Daily Market Fish, Brown Butter, New Potatoes, Wilted Spinach - Market Price

Jimmy Butler's 10oz Pork Chop, Roast Pumpkin, Apple, Brown Butter & Sage 18.00

Roast Cod Fillet, Brown Shrimps, Pea Purée & Cucumber 21.50

GRILL

We serve the best British beef. Grass-fed, naturally slow-grown on carbon-capturing pasture. 28 Day Dry-aged by Aubrey Allen for incredible flavour. When only a steak will do, make it one of these beauties. Steaks served with Chips & Rocket.

8oz Rump Cap Steak 19.95

12oz Sirloin on the Bone 28.00

Add Béarnaise or Peppercorn Sauce 1.75 | Add Onion Rings 3.95 v

Steak Diane - Fillet Steak Medallions, Mushroom, Shallot & Cream Sauce 27.50 - Add extra 3oz Fillet Medallion 5.50

Dirty Vegan Burger, Marmite Onions, Smoked Cheese, Tomato Relish & Fries 15.00 🍴

Aubrey's Steak Burger, Cheddar Cheese, Burger Relish, Gherkin & Fries 15.00 - Add Free-range Bacon 2.00 or Marmite Onions 1.50

SIDES

Thick-cut Chips or Skinny Fries 4.00 🍴

Sweetcorn Mac & Cheese 3.25 v

Braised Red Cabbage 4.00 🍴

Baby Kale Salad, Chardonnay Vinaigrette,

Toasted Pumpkin Seeds 4.25 🍴

Tenderstem Broccoli, Béarnaise 4.75 v

SANDWICHES Add Chips or Soup 2.50

Grilled Cheese on Sourdough, Marmite Onions 8.50 v

Jimmy Butler's Roast Pork Roll, Stuffing & Apple Sauce 9.50

Severn & Wye Smoked Salmon, Cream Cheese,
Pickles & Watercress 8.75

DESSERTS & CHEESE

Apple Tarte Tatin, Vanilla Ice Cream 7.00 🍴

Warm Chocolate Fondant,

Crème Fraîche & Pistachio Crumb 8.00 v

Mascarpone Cheesecake, Totally Tropical Fruit 7.50 v

Crème Brûlée, Shortbread 6.50 v

Amarena Cherry Bakewell Tart, Yoghurt Ice Cream 7.50 v

Salcombe Dairy Ice Creams & Sorbets 6.00 v

(Choose Three: Vanilla, Chocolate, Strawberry, Honeycomb, Blackcurrant or Raspberry Sorbet)

Mini Pud & Tea or Coffee 6.25

Chocolate Brownie or Smidgen of Cheese with your choice of Tea or Coffee

Our British cheeses change with the season & are all served ripe & ready with Chutney, Apple & Peter's Yard Crackers.

Choose from: Baron Bigod | Blanche v | Maida Vale v
Rutland Red v | Beauvale

All five cheeses 12.75 | Any three cheeses 7.50 |
A single smidgen of cheese 4.00

v Vegetarian dishes 🍴 Vegan dishes We're also happy to adapt other dishes, please ask.

Children are heartily welcome and we're happy to make simplified versions of dishes, or half portions at half price. An optional 10% service is added to parties of six or more, all tips go to the team. Allergens: before ordering, please speak to our team. Dishes are prepared in busy kitchens containing all ingredients, we cannot guarantee any dish to be totally free from allergens.