








AUTUMN AT THE BEAR & RAGGED STAFF

Thank you for coming out, it's been wonderful welcoming regulars and new guests alike. We've seen how the pub lifts mood, and we thoroughly enjoy serving delicious plates of food again. Autumn brings us wonderful things - berries and mushrooms, apples and pears, game, pies and hearty slow braises. We always serve the good stuff because it's what we want to eat ourselves.


SMALL PLATES

- Warm Mini Bloomer & Garlic Butter 3.50  
Sourdough Bread, Rapeseed Oil & Dukkah 4.75 
Nocerella, Gaeta & Cerignola Olives 3.75 
Deville Whitebait, Garlic & Paprika Mayonnaise 4.75
Beetroot Falafel, Coconut Yoghurt 4.75 
Halloumi Fries, Bloody Mary Ketchup 4.95 
Tomato Houmous, Baked Chickpeas & Flatbread 4.50 
Iberico Chorizo 5.50

STARTERS

- Baked Somerset Camembert, Truffle Honey, Walnut Crust & Toasted Sourdough 8.00 
Poached Salmon & Prawn Cocktail, Crushed Avocado, Crab Mayonnaise 9.50
Today's Autumn Soup - See Blackboard 6.00 
Pan-fried Native Scallops, Tartare Hollandaise, Spinach & Capers 12.00
Venison, Bacon & Pheasant Terrine, Cranberry Chutney, Toasted Sourdough 8.25
Roast Squash Salad, Black Rice, Chilli, Sesame, Toasted Pumpkin Seeds, Pickled Radish 7.00/13.00 
Add Halloumi Croutons 2.50 or Crispy Duck Confit 3.50

MAIN COURSES

- Free-range Chicken Supreme, Kiev Butter, Skinny Fries or Green Salad 16.50
Sri Lankan Spinach, Sweet Potato & Chickpea Curry, Cashews, Coconut Sambal, Basmati Rice & Chapati 14.75 
Fish & Chips - Haddock Fillet, Crunchy Batter, Chips, Peas & Tartare Sauce 15.00
Honey-glazed Merrifield Duck Breast, Savoy Cabbage, Smoked Bacon, Puréed Celeriac, Green Peppercorn Jus 22.50
Today's Market Fish, Brown Butter, New Potatoes, Rocket - Market Price
14 Hour Braised Beef & Ale Pie, Buttered Mash, Greens, Gravy 15.00
Pan-fried Sea Bream Fillet, Coconut Emerald Dahl, Tempered Spices 17.50

GRILL

We serve the best British beef. Grass-fed, naturally slow-grown on carbon-capturing pasture. Dry-aged by Aubrey Allen for incredible flavour. When only a steak will do, make it one of these beauties. All Steaks are served with Chips & Rocket.

- 8oz Rump Cap Steak 19.75
10oz Rib Eye Steak 27.50
Add Béarnaise or Peppercorn Sauce 1.75
Steak Diane - Fillet Steak Medallions, Creamy Mushroom & Shallot Sauce 25.00
Add extra 3oz Fillet Medallion 5.00
Dirty Vegan Burger, Pulled Jackfruit, Cheese, Chipotle Mayo & Fries 13.75 
Aubrey's Steak Burger, Cheddar Cheese, Burger Relish, Gherkin & Fries 14.75
Add Free-range Bacon or Field Mushroom 2.00

SIDES

- Thick-cut Chips or Skinny Fries 4.00 
Buttered New Potatoes 4.00 
Green Salad, Soft Herbs, Toasted Seeds, Vinaigrette 4.25 
Seasonal Green Vegetables, Olive Oil & Lemon 4.00 
Halloumi Fries, Bloody Mary Ketchup 4.95 
Battered Onion Rings 3.75 
Braised Red Cabbage 4.00 

DESSERTS & CHEESE

- Warm Chocolate Fondant, Honeycomb Ice Cream 7.75 
Crème Brûlée, Shortbread 6.00 
Banoffee Cheesecake, Rum-soaked Raisins, Bananas & Pecans 7.50 
Apple Tarte Tatin, Vanilla Ice Cream 7.00 
Lemon & Pistachio Polenta Cake, Black Cherries 6.75 
Salcombe Dairy Ice Creams & Sorbets 5.95 
(Choose Three: Vanilla, Chocolate, Strawberry, Honeycomb, Mango or Raspberry Sorbet)
Mini Pud & Tea or Coffee 5.95
Lemon & Pistachio Polenta Cake or Smidgen of Cheese with your choice of Tea or Coffee
Our cheeses change with the season & are all served ripe & ready with chutney, apple & water biscuits
Choose from: Camembert Gillot | Rutland Red  | Beauvale | Blanche Goats  | The Strathearn 
All five cheeses 12.00 Any three cheeses 7.00 A single smidgen of cheese 3.75



 **Vegetarian dishes**  **Vegan dishes** We're also happy to adapt other dishes, please ask.

Whilst we don't offer a children's menu, we are happy to make them simplified versions of our dishes, or a half portion at half price.
Allergens: before ordering, please speak to one of our team. Dishes are prepared in our busy kitchens, containing all ingredients, and we cannot guarantee any dish to be totally free from allergens. If you want to know more about how our dishes are cooked or prepared, please talk to us.
A 10% service charge is added to parties of six or more. All tips go to the team.